Article



Trait Emotional Intelligence Questionnaire-Adolescent Short Form: A Psychometric Investigation in Greek Context

Journal of Psychoeducational Assessment 2018, Vol. 36(5) 436-445 © The Author(s) 2017 Reprints and permissions: sagepub.com/journalsPermissions.nav DOI: 10.1177/0734282916687706 journals.sagepub.com/home/jpa



Maria Stamatopoulou¹, Petros Galanis², Foteini Tzavella¹, K. V. Petrides³, and Panagiotis Prezerakos¹

Abstract

This article aims to investigate the reliability and validity of the Trait Emotional Intelligence Questionnaire-Adolescent Short Form (TEIQue-ASF) score in a sample of 440 Greek adolescents. The instrument's score demonstrated good internal consistency and was significantly correlated with core self-evaluations as well with somatic complaints, self-report psychopathology, and personal strengths. It also explained a statistically significant increase in the prediction of outcome variables beyond core self-evaluations. It is concluded that the findings of the present study provide evidence that support the interpretation and use of the TEIQue-ASF score to assess the emotional self-perceptions of Greek adolescents.

Keywords

TEIQue-ASF, validity, reliability, SDQ, trait emotional self-efficacy

Introduction

Trait emotional intelligence (EI) is defined as a constellation of emotion-related self-perceptions assessed through questionnaires and rating scales (Petrides, Pita, & Kokkinaki, 2007). Essentially, it concerns people's perceptions of their emotional world.

The most widely used measures of trait EI are the Trait Emotional Intelligence Questionnaire (TEIQue) forms developed to measure EI as a personality trait (Siegling, Saklofske, & Petrides, 2015). Research findings support the interpretation and use of scores from these TEIQue forms in numerous cultural contexts (Alujaa, Blanch, & Petrides, 2016; Andrei, Mancini, Trombini, Baldaro & Russo, 2014; Andrei, Siegling, Aloe, Baldaro, & Petrides, 2016; Andrei, Smith, Surcinelli, Baldaro, & Saklofske, 2015; Di Fabio, Saklofske, & Tremblay, 2016; Freudenthaler, Neubauer, Gabler, Scherl, & Rindermann, 2008; Jacobs, Sim, & Zimmermann, 2015; Martskvishvili, Arutinovi, & Mestvirishvili, 2013; Mavroveli & Siu, 2012; Mikolajczak,

Corresponding Author:

Maria Stamatopoulou, Faculty of Nursing, University of Peloponnese, E & S Valioti and Plateon, Sparta 23100, Greece. Email: mstamatop@uop.gr

¹University of Peloponnese, Sparta, Greece

²University of Athens, Greece

³University College London, UK

Luminet, Leroy, & Roy, 2007; Petrides et al., 2007; Russo et al., 2012; Siegling, Vesely, Saklofske, Frederickson, & Petrides, 2015; Stamatopoulou, Galanis, & Prezerakos, 2016). The Trait Emotional Intelligence Questionnaire—Adolescent Short Form (TEIQue-ASF) is one of the few trait forms that has been specifically developed for adolescents. However, the adult forms of the TEIQue have received more attention in psychometric research compared with the adolescent forms. To deal with this imbalance, the present study aimed to examine the reliability and validity of the TEIQue-ASF score in a Greek sample of adolescents and address substantive questions about the nomological network of the trait EI construct. Emphasis was placed on aspects of internal consistency and convergent, criterion, and incremental validity. Based on the previous studies (Frederickson, Petrides, & Simmonds, 2012; Mavroveli, Petrides, Rieffe, & Bakker, 2007; Siegling, Vesely, et al., 2015) that have examined the interpretation and use of the TEIQue-ASF score, it was hypothesized as follows:

Hypothesis 1: The TEIQue-ASF score would demonstrate satisfactory internal consistency.

Hypothesis 2: A strong positive correlation would exist between the TEIQue-ASF score and Core Self-Evaluations Scale (CSES).

Hypothesis 3: A strong negative correlation would exist between the TEIQue-ASF score and somatic complaints.

Hypothesis 4: A strong negative correlation would exist between the TEIQue-ASF score and total difficulties as well as with all of its subscales: Emotional Symptoms, Peer Problems, Hyperactivity, and Conduct Problems.

Hypothesis 5: A moderate positive correlation would exist between the TEIQue-ASF score and prosocial behavior.

Hypothesis 6: The TEIQue-ASF score would explain a statistically significant increase in the prediction of outcome variables beyond CSES.

Method

Participants and Procedure

A randomized stratified cluster sample of 550 students from 14 public schools, in the region of Laconia, Greece, was selected based on the class as the final sampling unit. Schools were stratified by prefecture and by school type (high schools and senior high schools). Nine percent of the students refused to participate, and another 11% was absent on the day of the survey. A final sample of 440 students (56.4% attended high school) was drawn (response rate = 80%). Data collection was performed from March until April in 2016. Mean age was 15.13 years (SD = 1.40), and 58.9% (n = 259) of the sample were girls. Participants in urban areas comprised 39.3% of the sample, 39.5% resided in rural areas, and 21.1% in suburban areas. Ethical approval was obtained from the Pedagogical Institute of the Ministry of Education, Research and Religious Affairs. Written consents were also obtained from parents or guardians after the provision of detailed information regarding the study's aims and purposes. The surveys were group administered in classrooms under researcher supervision. The mean time to complete the questionnaires was 40 min.

Measures

TEIQue-ASF. The TEIQue-ASF (Petrides, Sangareau, Furnham, & Frederickson, 2006) is a simplified version of the adult short form of the TEIQue (Petrides, 2009). It consists of 30 multiple-choice questions based on a 7-point Likert-type scale. The questionnaire has been translated to Greek (Petrides et al., 2007) and is available, free of charge for academic research purposes, from http://www.psychometriclab.com/.

Table 1. Internal Consistencies, Means, Standard Deviations, and Intercorrelation Matrix for Key Variables in the Study.

		_	7	8	4	2	9	7	8	6	A	SD	Cronbach's α
<u> </u>	TEIQue-ASF										4.85	0.77	.87
7	CSES	*6/.	I								41.72	7.45	8.
w.	SCL	59*	56*	1							2.60	3.95	<u>8</u> .
4.	ESS-SDQ	*99'-	64*	* 89 :	I						3.15	2.53	.74
5.	CPS-SDQ	<u>*</u>	33*	<u>w</u>	.36*	I					2.86	1.73	.47
9	HS-SDQ	51*	53*	.32*	.42*	*	I				3.37	2.36	07.
۲.	PPS-SDQ	59*	54*	*94.	.54	.39*	.35*	I			2.08	1.97	.64
œί	PBS-SDQ	.38*	.28*	15*	09	43*	32*	32*	I		7.78	1.99	89:
6.	TDS-SDQ	73*	*69'-	<u>*</u>	<u>*</u>	*89 :	.75*	.75*	36*	I	11.47	6.47	.83

Note. TEIQue-ASF = Trait Emotional Intelligence Questionnaire-Adolescent Short Form; CSES = Core Self-Evaluations Scale; SCL = Somatic Complaints List; ESS = Emotional Symptoms Scale; SDQ = Strengths and Difficulties Questionnaire; CPS = Conduct Problems Scale; HS = Hyperactivity Scale; PDS = Peer Problems Scale; PBS = Prosocial Behavior Scale; TDS = Total Difficulties Scale. *p = .01 (two-tailed).

CSES. The CSES (Judge, Erez, Bono, & Thoresen, 2003) consists of 12 items, which are a composite of four specific traits (self-esteem, self-efficacy, locus of control, and neuroticism) which load on a single factor. Research findings from Greece support the interpretation and use of the CSES score to assess core self-evaluations in adolescence and adults (Koumoundourou, Kounenou, & Siavara, 2012; Koumoundourou, Tsaousis, & Kounenou, 2011; Kounenou, 2014; A. Nikolaou, Gouras, Vakola, & Bourantas, 2007; I. Nikolaou & Judge, 2007; Tsaousis, Karademas, & Kalatzi, 2013; Tsaousis, Nikolaou, Serdaris, & Judge, 2007). The internal consistency of the scale is reported in Table 1.

Strengths and Difficulties Questionnaire (SDQ). The SDQ (Goodman, 1997) consists of 25 items, which are divided between five scales: Emotional Symptoms (five items), Conduct Problems (five items), Hyperactivity/Inattention (five items), Peer Relationship Problems (five items), and Prosocial Behavior (five items). With the exception of the prosocial scale, a total difficulties score is calculated by adding together the other four scales. The factor structure of the SDQ has already been confirmed in a sample of Greek adolescents (Giannakopoulos et al., 2009). The internal consistencies of the SDQ are reported in Table 1.

Somatic Complaints List (SCL). The SCL (Rieffe, Meerum Terwogt, & Bosch, 2004) is an 11-item scale developed to identify how often children and adolescents experience and feel pain. Participants are required to report the frequency of their somatic symptoms (such as headache and stomach ache) on a 3-point scale. SCL score has demonstrated acceptable validity and reliability (Jellesma, Rieffe, & Meerum Terwogt, 2007; Rieffe et al., 2010; Rieffe, Villanueva, Adrián, & Górriz, 2009). The Greek translation of the SCL is available from the Institute of Psychology, Leiden University. The internal consistency of the scale is reported in Table 1.

Results

Internal Reliability

The internal consistency of TEIQue-ASF, as measured by Cronbach's alpha coefficient, was good (Table 1).

Correlations

Correlations between the key variables in the study are presented in Table 1. The TEIQue-ASF was negatively correlated with SCL (r = -.59, p = .01). In contrast, there was a positive correlation between the TEIQue-ASF and the CSES (r = .79, p = .01).

The TEIQue-ASF was also negatively correlated with total SDQ difficulties ratings (r = -.73, p = .01) as well as with all of its subscales: Emotional Symptoms (r = -.66, p = .01), Peer Problems (r = -.59, p = .01), Hyperactivity (r = -.51, p = .01), and Conduct Problems (r = -.41, p = .01). In addition, trait EI correlated positively with Prosocial Behavior (r = .38, p = .01).

Regressions

A two-step hierarchical regression was performed to investigate the direct and incremental influence of the TEIQue-ASF score on each outcome variable in the study (Table 2). CSES was entered at Step 1, while the TEIQue-ASF score followed at Step 2. In addition, to develop general estimates of incremental validity magnitude of the TEIQue-ASF score, we followed the recommendation of Hunsley and Meyer (2003) by evaluating the size of the validity increment that is based on the semipartial r.

Table 2. Two-Step Hierarchical Regressions With the Core Self-Evaluations Entered at Step I and Trait El Entered at Step 2 as Predictors of Somatic Complaints and the SDQ.

	Som	Somatic complaints	nts	<u>۲</u>	otal difficulties		Emo	Emotional symptoms	smc	Con	Conduct problems	ns.		Hyperactivity		Pe	Peer problems		Prose	Prosocial behavior	o.
Step 1	F(1, 4	$F(1, 438) = 203.72****$ $R_{adi}^2 = .32$	2***	F(1, 4	438) = 407.22*** R _{adj} = .48	*	F(1,	$F(1, 438) = 301.70^{****}$ $R_{adj}^2 = .41$	***	F(1, 4	F(1, 438) = 51.98 Pers $R_{\text{adj}}^2 = .10$	*	F(1, 4	$F(1, 438) = 171.27 ***$ $R_{adi}^2 = .28$	*	F(1, 4)	F(1, 438) = 179.19 Post $R_{adj}^2 = .29$	***	F(1, 4;	F(1, 438) = 37.91 **e* $R_{adj}^2 = .08$	*
Step 2	ΔF(1,	$\Delta F(1, 437) = 42.25^{**e*}$ $R_{adj}^2 = .37$ $\Delta R^2 = .06^{**e*}$	***	ΔF(1,	$R_{\text{adj}}^2 = .57$ $\Delta R^2 = .57$ $\Delta R^2 = .09^{\text{stock}}$	XX	ΔF(1,	$\Delta F(1, 437) = 51.96 \text{ Pere}$ $R_{adj}^2 = .47$ $\Delta R^2 = .06 \text{ Pere}$	***9	ΔF(1,	$\Delta F(1, 437) = 34.07^{\text{Helse}}$ $R_{adj}^2 = .17$ $\Delta R^2 = .06^{\text{Helse}}$	788	ΔF(1,	$\Delta F(1, 437) = 15.04^{**e*}$ $R_{adj}^2 = .30$ $\Delta R^2 = .02^{**e*}$	*	ΔF(1, Δ	$\Delta F(1, 437) = 47.89 \text{ Hz}$ $R_{adj}^2 = .36$ $\Delta R^2 = .07 \text{ Hz}$	***	ΔF(1, 4 F	$\Delta F(1, 437) = 32.64^{****}$ $R_{adj}^2 = .14$ $\Delta R^2 = .06^{****}$	**
	β	t.	Sr	β	t sr β	sr		t sr β t sr β t sr β t t	Sr	β	+	sr	β	+	sr	β	t	sr	β	+	sr
e self- aluations	56	56 -14.27****5669	56	69	-20.18***	69	64	-20.18***6964 -17.37***6433 -7.21*** .3353 -13.09***5354 -13.39***54 .28 6.16*** .28	64	33	-7.21***	.33	53	-13.09***	53	. 54	-13.39***	54	.28	6.16***	.28
Core self-	25	-4.11**	<u>-</u> .	<u>-</u> .3	-6.10***	<u>6</u>	32	-6.10***1932 -5.67***2000 -0.03	20	00.		00	33	0033 -5.16***2120 -3.26**1204 -0.56	21	20	-3.26**	12	04		02
Trait El	40	-6.50***2549	25	49	-9.70***3041	30	14.		25	<u>+.</u>	-5.84***	27	25	-7.21***2541 -5.84***2725 -3.89***1543 -6.92***26 .41 5.71*** .25	15	43	-6.92***	26	4.	5.71 %	.25

Note. El = emotional intelligence; SDQ = Strengths and Difficulties Questionnaire; sr= semi-partial correlation . **p = .001. ***p < .001.

The first regression was performed with "somatic complaints" as the criterion. At Step 1, $R_{\rm adj}^2 = .32$, F(1, 438) = 203.72; p < .001, CSES was negatively related to "somatic complaints" ($\beta = -.56$; t = -14.27; p < .001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "somatic complaints" ($\beta = -.40$; t = -6.50; p < .001), accounting for a significant 6% of unique variance after controlling for CSES, $F_{\rm change}(1, 437) = 42.25$, p < .001. The correlation of the TEIQue-ASF with "somatic complaints" after controlling for effects of CSES was -.25 (p < .001).

The second regression was performed with "total difficulties" as the criterion. At Step 1, the model predicted 48% of the variance in "total difficulties," F(1, 438) = 407.22, p < .001, and CSES was negatively related to "total difficulties" ($\beta = -.69$; t = -20.18; p < .001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "total difficulties" ($\beta = -.49$; t = -9.70; p < .001), accounting for a significant 9% of unique variance after controlling for CSES, $F_{\rm change}(1, 437) = 94.09$, p < .001. The correlation of the TEIQue-ASF with "total difficulties" after controlling for effects of CSES was -.30 (p < .001).

The third regression was performed with "emotional symptoms" as the criterion. At Step 1, the model predicted 41% of the variance, F(1,438) = 301.70, p < .001, and CSES was a negative predictor ($\beta = -.64$; t = -17.37; p < .001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "emotional symptoms" ($\beta = -.41$; t = -7.21; p < .001), accounting for a significant 6% of unique variance after controlling for CSES, $F_{\text{change}}(1,437) = 51.96$, p < .001. The correlation of the TEIQue-ASF with "emotional symptoms" after controlling for effects of CSES was -.25 (p < .001).

When "conduct problems" were modeled as the criterion, the model at Step 1 predicted 10% of the variance, F(1, 438) = 51.98, p < .001, and CSES was a negative predictor ($\beta = -.33$; t = -7.21; p < .001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "conduct problems" ($\beta = -.41$; t = -5.84; p < .001), accounting for a significant 6% of unique variance after controlling for CSES, $F_{\text{change}}(1, 437) = 34.07$, p < .001. The correlation of the TEIQue-ASF with "conduct problems" after controlling for effects of CSES was -.27 (p < .001).

When "hyperactivity" was modeled as the criterion, the model at Step 1 predicted 28% of the variance, F(1, 438) = 171.27, p < .001, and CSES was a negative predictor ($\beta = -.53$; t = -13.09; p < .001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "hyperactivity" ($\beta = -.25$; t = -3.89; p < .001), accounting for a significant 2% of unique variance after controlling for CSES, $F_{\text{change}}(1, 437) = 15.04$, p < .001. The correlation of the TEIQue-ASF with "hyperactivity" after controlling for effects of CSES was -.15 (p < .001).

The next regression was performed with "peer problems" as the criterion. At Step 1, the model predicted 29% of the variance, F(1,438)=179.19, p<.001, and CSES was a negative predictor ($\beta=-.54$; t=-13.39; p<.001). At Step 2, the TEIQue-ASF was found to be a significant negative predictor of "peer problems" ($\beta=-.43$; t=-6.92; p<.001), accounting for a significant 7% of unique variance after controlling for CSES, $F_{\rm change}(1,437)=47.89$, p<.001. The correlation of the TEIQue-ASF with "peer problems" after controlling for effects of CSES was -.26 (p<.001).

The last regression was performed with "prosocial behavior" as the criterion. At Step 1, the model predicted 8% of the variance, F(1,438) = 37.91, p < .001, and CSES was a positive predictor ($\beta = .28$; t = 6.16; p < .001). At Step 2, the TEIQue-ASF was found to be a significant positive predictor of "prosocial behavior" ($\beta = .41$; t = 5.71; p < .001), accounting for a significant 6% of unique variance after controlling for CSES, $F_{\text{change}}(1,437) = 32.64$, p < .001. The correlation of the TEIQue-ASF with "peer problems" after controlling for effects of CSES was .25 (p < .001).

Discussion

The aim of the present study was to examine the reliability and validity of the TEIQue-ASF score in a Greek sample of adolescents. The TEIQue-ASF score demonstrated good alpha reliability

(George & Mallery, 2003) similar to other published versions in different countries (e.g., Frederickson et al., 2012; Mavroveli et al., 2007; Petrides et al., 2006).

Trait EI was negatively correlated with somatic complaints and self-reported psychopathology. Specifically, adolescents with high emotional functioning experience less pain and were less likely to present emotional and behavioral difficulties, such as hyperactivity, peer problems, conduct problems, and emotional symptoms. In addition, high trait EI students were more likely to demonstrate prosocial behavior. These results are consistent with the findings of relevant studies (Mavroveli et al., 2007; Mavroveli & Sanchez-Ruiz, 2011; Poulou, 2014; Rieffe, Oosterveld, Miers, Terwogt, & Ly, 2008) and provide some evidence for the convergent validity of the TEIQue-ASF score.

The TEIQue-ASF score also showed a very strong positive correlation with CSES. The relationship between trait EI and core self-evaluations, a higher order personality construct, is consistent with the theoretical conceptualization of EI as a personality trait located at the lower levels of personality taxonomies (Petrides & Furnham, 2006). This link has been confirmed in related studies (Ahmetoglu, Leutner, & Chamorro-Premuzic, 2011; Kluemper, 2008; Özer, Hamarta, & Deniz, 2016), which have revealed that higher levels of trait EI affect positively the way in which the person appraises his worthiness, effectiveness, and capability. The strong theoretical and empirical relationship between the TEIQue-ASF and the CSES makes the latter a big hurdle beyond which the TEIQue-ASF score should demonstrate incremental validity. Many researchers have criticized trait EI measures for a lack of discriminant validity due to their overlap with established personality constructs (e.g., Davies, Stankov, & Roberts, 1998). To deal with the problem of overlapping, a growing number of studies have examined the incremental validity of TEIQue scores. Incremental validity refers to the extent that "a measure adds to the prediction of a criterion above what can be predicted by other sources of data" (Hunsley & Meyer, 2003, p. 446). In the present study, the TEIQue-ASF score explained a statistically significant increase in the prediction of somatic complaints, self-report psychopathology, and personal strengths beyond CSES, addressing the questions about the weak utility of trait EI construct. In adolescents and preadolescents, TEIQue scores have also shown incremental validity in relation to a wide range of outcome variables (such as depression, disruptive behavior, academic performance, somatic complaints, and social competence) beyond Big Five (Andrei et al., 2014; Davis & Humphrey, 2012), cognitive ability (Davis & Humphrey, 2012; Frederickson et al., 2012; Siegling, Vesely, et al., 2015), coping strategies (Siegling, Vesely, et al., 2015), IQ (Andrei et al., 2014; Ferrando et al., 2011) and self-concept (Ferrando et al., 2011).

Collectively, these findings provide evidence that support the interpretation and use of the TEIQue-ASF score to assess the emotional self-perceptions of Greek adolescents.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

References

Ahmetoglu, G., Leutner, F., & Chamorro-Premuzic, T. (2011). EQ-nomics: Understanding the relationship between individual differences in trait emotional intelligence and entrepreneurship. *Personality and Individual Differences*, *51*, 1028-1033. doi:10.1016/j.paid.2011.08.016

Alujaa, A., Blanch, A., & Petrides, K. V. (2016). Psychometric properties of the Catalan version of the Trait Emotional Intelligence (TEIQue): Comparison between Catalan and English data. *Personality* and *Individual Differences*, 99, 133-139. doi:10.1016/j.paid.2016.04.098

Andrei, F., Mancini, G., Trombini, E., Baldaro, B., & Russo, P. M. (2014). Testing the incremental validity of Trait Emotional Intelligence: Evidence from an Italian sample of adolescents. *Personality and Individual Differences*, 64, 24-29. doi:10.1016/j.paid.2014.02.007

- Andrei, F., Siegling, A. B., Aloe, A. M., Baldaro, B., & Petrides, K. V. (2016). The incremental validity of the Trait Emotional Intelligence Questionnaire (TEIQue): A systematic review and meta-analysis. *Journal of Personality Assessment*, 98, 261-276. doi:10.1080/00223891.2015.1084630
- Andrei, F., Smith, M. M., Surcinelli, P., Baldaro, B., & Saklofske, D. (2015). The Trait Emotional Intelligence Questionnaire: Internal structure, criterion and incremental validity in an Italian sample. *Measurement* and Evaluation in Counseling and Development, 49, 32-45. doi:10.1177/0748175615596786
- Davies, M., Stankov, L., & Roberts, R. D. (1998). Emotional intelligence: In search of an elusive construct. *Journal of Personality and Social Psychology*, 75, 989-1015. doi:10.1037/0022-3514.75.4.989
- Davis, S. K., & Humphrey, N. (2012). Emotional intelligence predicts adolescent mental health beyond personality and cognitive ability. *Personality and Individual Differences*, 52, 144-149. doi:10.1016/j. paid.2011.09.016
- Di Fabio, A., Saklofske, D. H., & Tremblay, P. F. (2016). Psychometric properties of the Italian Trait Emotional Intelligence Questionnaire (I-TEIQue). *Personality and Individual Differences*, 96, 198-201. doi:10.1016/j.paid.2016.03.009
- Ferrando, M., Prieto, M. D., Almeida, L. S., Ferrándiz, C., Bermejo, R., López-Pina, J. A., . . . Fernández, M. C. (2011). Trait emotional intelligence and academic performance: Controlling for the effects of IQ, personality, and self-concept. *Journal of Psychoeducational Assessment*, 29, 150-159. doi:10.1177/0734282910374707
- Frederickson, N., Petrides, K. V., & Simmonds, E. (2012). Trait emotional intelligence as a predictor of socioemotional outcomes in early adolescence. *Personality and Individual Differences*, 52, 317-322. doi:10.1016/j.paid.2011.10.034
- Freudenthaler, H. H., Neubauer, C. A., Gabler, P., Scherl, W. G., & Rindermann, H. (2008). Testing and validating the Trait Emotional Intelligence Questionnaire (TEIQue) in a German-speaking sample. *Personality and Individual Differences*, 45, 673-678. doi:10.1016/j.paid.2008.07.014
- George, D., & Mallery, P. (2003). SPSS for Windows step by step: A simple guide and reference, 11.0 update (4th ed.). Boston, MA: Allyn & Bacon.
- Giannakopoulos, G., Tzavara, C., Dimitrakaki, C., Kolaitis, G., Rotsika, V., & Tountas, Y. (2009). The factor structure of the Strengths and Difficulties Questionnaire (SDQ) in Greek adolescents. *Annals of General Psychiatry*, 8, Article 20. doi:10.1186/1744-859X-8-20
- Goodman, R. (1997). The Strengths and Difficulties Questionnaire: A research note. *Journal of Child Psychology and Psychiatry*, 38, 581-586. doi:10.1111/j.1469-7610.1997.tb01545.x
- Hunsley, J., & Meyer, G. J. (2003). The incremental validity of psychological testing and assessment: Conceptual, methodological, and statistical issues. *Psychological Assessment*, 15, 446-455. doi:10.1037/1040-3590.15.4.446
- Jacobs, I., Sim, C. W., & Zimmermann, J. (2015). The German TEIQue-SF: Factorial structure and relations to agentic and communal traits and mental health. *Personality and Individual Differences*, 72, 189-194. doi:10.1016/j.paid.2014.09.003
- Jellesma, F. C., Rieffe, C., & Meerum Terwogt, M. (2007). The Somatic Complaint List: Validation of a self-report questionnaire assessing somatic complaints in children. *Journal of Psychosomatic Research*, 63, 399-401.
- Judge, T. A., Erez, A., Bono, J. E., & Thoresen, C. J. (2003). The Core Self-Evaluations Scale (CSES): Development of a measure. *Personnel Psychology*, 56, 303-331. doi:10.1111/j.1744-6570.2003. tb00152.x
- Kluemper, D. H. (2008). Trait emotional intelligence: The impact of core-self evaluations and social desirability. *Personality and Individual Differences*, 44, 1402-1412. doi:10.1016/j.paid.2007.12.008
- Koumoundourou, G. A., Kounenou, K., & Siavara, E. (2012). Core self-evaluations, career decision self-efficacy, and vocational identity among Greek adolescents. *Journal of Career Development*, 39, 269-286. doi:10.1177/0894845310397361
- Koumoundourou, G. A., Tsaousis, I., & Kounenou, K. (2011). Parental influences on Greek adolescents' career decision-making difficulties: The mediating role of core self-evaluations. *Journal of Career Assessment*, 19, 165-182. doi:10.1177/1069072710385547

- Kounenou, K. (2014). Career indecisiveness and personality in Greek High school students. *International Journal of Psychology and Counselling*, 6, 1-9. doi:10.5897/IJPC2013.0229
- Martskvishvili, K., Arutinovi, L., & Mestvirishvili, M. (2013). A psychometric investigation of the Georgian version of the Trait Emotional Intelligence Questionnaire. European Journal of Psychological Assessment, 29, 84-88. doi:10.1027/1015-5759/a000135
- Mavroveli, S., Petrides, K. V., Rieffe, C., & Bakker, F. (2007). Trait emotional intelligence, psychological well-being and peer-rated social competence in adolescence. *British Journal of Developmental Psychology*, 25, 263-275. doi:10.1348/026151006X118577
- Mavroveli, S., & Sanchez-Ruiz, M. J. (2011). Trait emotional intelligence influences on academic achievement and school behaviour. British Journal of Educational Psychology, 81, 112-134. doi:10.1348/2044-8279.002009
- Mavroveli, S., & Siu, A. F. Y. (2012). The factor structure of trait emotional intelligence in Hong Kong. Journal of Psychoeducational Assessment, 30, 567-576. doi:10.1177/0734282912449596
- Mikolajczak, M., Luminet, O., Leroy, C., & Roy, E. (2007). Psychometric properties of the Trait Emotional Intelligence Questionnaire: Factor structure, reliability, construct, and incremental validity in a Frenchspeaking population. *Journal of Personality Assessment*, 88, 338-353. doi:10.1080/00223890701333431
- Nikolaou, A., Gouras, A., Vakola, M., & Bourantas, D. (2007). Selecting change agents: Exploring traits and skills in a simulated environment. *Journal of Change Management*, 7, 291-313. doi:10.1080/14697010701779173
- Nikolaou, I., & Judge, T. A. (2007). Fairness reactions to personnel selection techniques in Greece: The role of core self-evaluations. *International Journal of Selection and Assessment*, 15, 206-219. doi:10.1111/j.1468-2389.2007.00382.x
- Özer, E., Hamarta, E., & Deniz, M. (2016). Emotional intelligence, core-self evaluation, and life satisfaction. *Psychology*, 7, 145-153. doi:10.4236/psych.2016.72017
- Petrides, K. V. (2009). Psychometric properties of the Trait Emotional Intelligence Questionnaire. In C. Stough, D. H. Saklofske, & J. D. Parker (Eds.), Advances in the assessment of emotional intelligence. New York, NY: Springer. doi:10.1007/978-0-387-88370-0_5
- Petrides, K. V., & Furnham, A. (2006). The role of trait emotional intelligence in a gender-specific model of organizational variables. *Journal of Applied Social Psychology*, *36*, 552-569. doi:10.1111/j.0021-9029.2006.00019.x
- Petrides, K. V., Pita, R., & Kokkinaki, F. (2007). The location of trait emotional intelligence in personality factor space. *British Journal of Psychology*, *98*, 273-289. doi:10.1348/000712606X120618
- Petrides, K. V., Sangareau, Y., Furnham, A., & Frederickson, N. (2006). Trait emotional intelligence and children's peer relations at school. *Social Development*, 15, 537-547. doi:10.1111/j.1467-507.2006.00355.x
- Poulou, M. S. (2014). How are trait emotional intelligence and social skills related to emotional and behavioural difficulties in adolescents? *Educational Psychology*, 34, 354-366. doi:10.1080/01443410.2013 .785062
- Rieffe, C., Meerum Terwogt, M., & Bosch, J. (2004). Emotional awareness and somatic complaints in children. *European Journal of Developmental Psychology*, 1, 31-47.
- Rieffe, C., Oosterveld, P., Meerum Terwogt, M., Novin, S., Nasiri, H., & Latifian, M. (2010). Relationship between alexithymia, mood and internalizing symptoms in children and young adolescents: Evidence from an Iranian sample. *Personality and Individual Differences*, 48, 425-430.
- Rieffe, C., Oosterveld, P., Miers, A. C., Terwogt, M. M., & Ly, V. (2008). Emotion awareness and internalising symptoms in children and adolescents: The Emotion Awareness Questionnaire revised. Personality and Individual Differences, 45, 756-761. doi:10.1016/j.paid.2008.08.001
- Rieffe, C., Villanueva, L., Adrián, J. E., & Górriz, A. B. (2009). Somatic complaints, mood states and emotional awareness in adolescents. *Psicothema*, 21, 459-464.
- Russo, P. M., Mancini, G., Trombini, E., Baldaro, B., Mavroveli, S., & Petrides, K. V. (2012). Trait emotional intelligence and the Big Five: A study on Italian children and preadolescents. *Journal of Psychoeducational Assessment*, 30, 274-283. doi:10.1177/0734282911426412
- Siegling, A. B., Saklofske, D. H., & Petrides, K. V. (2015). Measures of ability and trait emotional intelligence. In G. J. Boyle, D. H. Saklofske, & G. Matthews (Eds.), Measures of personality and social psychological constructs (1st ed., pp. 381-414). Oxford, UK: Academic Press.

Siegling, A. B., Vesely, A. K., Saklofske, D. H., Frederickson, N., & Petrides, K. V. (2015). Incremental validity of the Trait Emotional Intelligence Questionnaire–Adolescent Short Form (TEIQue-ASF). *European Journal of Psychological Assessment*, 97, 525-535. doi:10.1027/1015-5759/a000267

- Stamatopoulou, M., Galanis, P., & Prezerakos, P. (2016). Psychometric properties of the Greek translation of the Trait Emotional Intelligence Questionnaire–Short Form (TEIQue-SF). Personality and Individual Differences, 95, 80-84. doi:10.1016/j.paid.2016.02.035
- Tsaousis, I., Karademas, E., & Kalatzi, D. (2013). The role of core self-evaluations in the relationship between religious involvement and subjective well-being: A moderated mediation model. *Mental Health, Religion & Culture*, 16, 138-154. doi:10.1080/13674676.2011.651716
- Tsaousis, I., Nikolaou, I., Serdaris, N., & Judge, T. A. (2007). Do the core self-evaluations moderate the relationship between subjective well-being and physical and psychological health? *Personality and Individual Differences*, 42, 1441-1452. doi:10.1016/j. paid.2006.10.025